



Frey Thomas profile for Early years International

I'm an early year & youth specialist and certified coach. I have two beautiful children and I'm a very passionate, caring and loving person - some colleagues call me Mother Teresa! I love working with children - for me it's not a job, it's like a dream come true! I am passionate and believe that every child deserves the best possible start in life. I've gained a lot of experience working with different families (over 65 nationalities) by running my own multi-award winning nurseries and living in many different countries and cultures. This has given me a great experience of understanding people and seeing things from different perspectives. After running many workshops for parents and early years educators and observing and seeing different patterns, I know that parents play a big role in defining children's lives. I therefore came up with a plan. For any child to reach their full potential, we must work in tandem with parents directly and early years educators. We can make so much difference together by working towards positive parenting.

Early Years Development International is an all in one approach to help children and parents have a happy and peaceful home life. I'm highly involved in charity projects including building play areas & school libraries in developing countries and sponsoring children's education in Africa, Asia and the Caribbean. I also volunteer as a mentor for a UK Charity project around employability for young people in the UK.

Frey Thomas profile for Frey Thomas Life coaching.

I am Frey, certified Life Coach and Entrepreneur and I'm passionate about empowering and encouraging others to greatness. I'm the founder and CEO of a successful business, married and have two beautiful young children. I'm a certified Life Coach, an Early Years Specialist

& hold several other qualifications, such as Psychology and Diet & Nutrition. I like to keep myself busy chasing my passion and encouraging others to chase their passion too.

Experiences such as running my own business; travelling the world; working with more than 65 different nationalities coupled with my kind nature and willingness to go above and beyond have helped me to understand others and hence to stand out as one of the best life coaches.

I connect easily with people and am very committed to helping others achieve their dreams in a very professional manner. Most people say I'm easy going and they feel free to share things with me that they've held for many years. If you're looking for someone who is very friendly and approachable with a professional manner to inspire, encourage and motivate you to be the best of yourself and to live a fulfilled life then you're in the right place.

My business in the Early Years sector, gained multiple national and international awards including a Corporate Social Responsibility award of which I'm very proud. I'm highly involved in charity projects including building play areas & school libraries in developing countries and sponsoring children's education in Africa, Asia and the Caribbean. I also volunteer as a mentor for a UK Charity project around employability for young people in the UK.