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Plaideurs des Enfants et des  
Personnes Agees a risque  
Pleaders of Children and Elderly  
People at risk  
PEPA/Organization.



**CAPACITY BUILDING OF LOCAL HUMAN RIGHTS ORGANISATION LEADERS ON HUMAN RIGHTS AND HIV/AIDS HELD IN GOMA-DRC**

**1st Phase from 21st to 23 April 2014**

**2nd Phase from 7th to 9th May, 2014**



Coordination, DR Congo

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October 2014

## I. INTRODUCTION

### I.1. Background

The Democratic Republic of Congo is known as a country that has experienced various civil wars and the provinces of North and South Kivu provinces are among the most affected and have experienced several violations of human rights and high rate of HIV/ AIDS infection. After investigation, it is found that the first victims of these violations remain civilians and the women and children are the most vulnerable groups. In more than 10 years , Eastern Congo has been called the world capital of Rape and sexual violence and we all know , whenever such exactions happens, the civilian are the most affected and open to infection of HIV / AIDS . Beyond all this, the impunity that plagues in DR.Congo also contributes to the increase of various human rights violations and contamination of HIV / AIDS, and in many cases once some perpetrators are arrested, they were released a few days and to commit other abuses against civilians.

To attenuate and stop this situation in the Eastern part of Congo, **PEPA/NGO (Pleaders of Children and Elderly People at risk)** with the support of **ARASA (Aids and Rights Alliance for Southern Africa)**, decided to bring together the human rights and HIV/AIDS activists (Civil society organization leaders) from North and South Kivu in order to straighten them in building their capacities on Human rights and HIV/AIDS and teach them about the link (relation) between human rights and HIV/AIDS, with expectations that after the workshop, every participant should go back to the respective organization to sensitize the local communities where they work, with the target to make awareness about HIV/AIDS and continue protecting and defending the people living with HIV/AIDS discriminated within the society.

The Training of capacity building on human rights and HIV / AIDS organized in two different phases, (from 21<sup>st</sup> to 23<sup>rd</sup> April and from 7<sup>th</sup> to 9<sup>th</sup> May, 2014 in the city of Goma, Bethanie Hotel) was very important in such an extent that will enable leaders of civil society organizations from North and South Kivu to be able to carry out lobbying and awareness raising human rights violations and decrease the rate of HIV/AIDS infections in the communities and bring the authorities in the Democratic Republic of the Congo, regional and international level to fight against such violations of human rights and take coercive measures against all perpetrators of those violations, but also inform communities about the prevention and fight against HIV / AIDS and promote the existing laws to promote the human rights in the country.

## 2. Working Methods

The method used in all process of conducting this training has been activated to the extent that it has mobilized and stimulated the interest of all Participants about the



activity from the starting day to the end. This has made a great impact between civil society organizations and activists to link up and build a strong relationship; it was in the first place to make contacts with the leaders of different partner organizations

from both North and South Kivu provinces to explain the merits of the training. The teaching method used was combined with the known method of **brainstorming** to allow and make active the participants to give their views on any point considered sensitive.

## 3. Agenda of training (program)

The agenda of this first phase of training for capacity building of leaders of organizations on human rights and HIV / AIDS highlights included three activities namely:

- The selection of participants from organizations who completed the training form submitted to them electronically;
- The training organization style leveled professional by PEPA/Coordination and representatives of partner organizations has been selected for this purpose;
- The filling of the evaluation forms of the training by participant's record.

During the second phase, apart from the specific training program was also



conducted at the official presentation of participation certificates of the two phases of training and preparation and publication of the Adopted Declaration by the participants of this meeting/workshop.

Awarding ceremony of the participants on 9th May,2014 at Bethanie Hotel Goma

## Chapter I: OVERVIEW OF TRAINING ACTIVITIES

### 1. Control training

In the organizational context, the activities in question here were organized by PEPA-Organization with financial support from ARASA. Three people from PEPA-Organization were selected for the facilitation and allowed to conduct educational process from start to the end. Apart from these facilitators from PEPA-Organization, we also noted the presence of the Provincial Coordinator of the Network of Associations Congolese Youth against AIDS, **RACQJ/ North Kivu**. Professional and

educational equipment have also been mobilized for the proper performance of the activities of the 1<sup>st</sup> phase and second phase of the training capacity building on human rights and HIV / AIDS. These include projector, screen projector, flip chart board, a digital camera, and other important tools for training.

## 1.2 Objectives of the training

Training capacity building of leaders of Civil society organizations on human rights and HIV / AIDS pursued the following objectives:

**Overall Objective:** To strengthen the capacity of local organizations leaders of North and South Kivu in the field of human rights and HIV / AIDS so they are able to take responsibility and conduct lobbying and protection for communities in which they work; strengthening civil society actors and those living with HIV / AIDS on techniques for prevention of HIV / AIDS.

### Specific objectives:

1. Organize training courses on human rights and HIV / AIDS in favor of leaders of local organizations in the North and South Kivu;
2. Increase the number of qualified human rights defenders in the Democratic Republic of Congo;
3. Increase awareness of local actors on the prevention and treatment and decrease of level of infections of HIV / AIDS.

## 1.2 Profiles of participants / stakeholders

Many Human rights and HIV/AIDS actors took part in the training capacity building of leaders of local organizations on human rights and HIV / AIDS most affected by two different civil wars with some experienced activists from the two provinces in the Democratic Republic of Congo. In total 36 participants from different organizations of different sexes and from different addresses were the direct beneficiaries of the capacity building ,whose configuration is as shown in the table below

Tableau n°1. List of Participants of the 2phases of the Capacity Building of Civil Society organisation leaders from North and South Kivu provinces, Eastern DR.Congo

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12	Fortunat MARONGA	M	CJDH-RDC : Carrefour pour la Justice, le Développement et les Droits Humains	081 18 33 573 / 0991 869 508 cjdh_rdc@yahoo.fr	North-Kivu
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As It appears the views from this table that the number of participants is 36 as opposed to 22 expected in our agenda, this because there is also a significant shown interest of many other activists from North Kivu Province and other local partners who also participated in the workshop in order to strengthen their knowledge of human rights and HIV / AIDS , Additionally to that, many others willing to participate could not be given the chance because of the expected number of the participants.

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### 1.3. Training program



The normal course of training for capacity building of leaders of organizations from two provinces of North and South Kivu on human rights and HIV / AIDS was led by a well trained and experienced teaching team

consisting of members PEPA-Organization in collaboration with the RACON North Kivu.

Table 2. **Teaching team training**

N°	Nom et Post-nom	Qualification	Organisation	Duty
01	Apollinaire ZAGABE K.	Coordinator	PEPA-Organization	Modérateur/trainer
02	Gaston MUGARUKA	Coordonnateur Provincial	RACON/N-K	Modérateur/trainer
03	Josselin BANDU MIKINDO	Project Manager/ deputy coordinator	PEPA-Organization	Facilitator
04	Benoite MWINDIKWA	Finance	PEPA-Organization	Facilitator

This team played a very important role in the methodological and organizational conduct of activities planned for this training. This is among other things:

- The selection of participants from organizations who that applied for the training and submitted their application form electronically;
- The organizational of training with representatives of partner organizations been selected for this purpose;
- The deployment of equipment and filling of the evaluation forms of the training by the participants for record.

#### **1.4 Training Results**

After six days of both phases of training capacity building, participants were able to:

- To fully understand of the link between HIV / AIDS and Human Rights;
- Indicate ways in which laws and policies should be to promote an effective response to HIV and AIDS in the region of sub-Saharan Africa and in the Democratic Republic of Congo in particular.
- Give examples of sub-Saharan African countries that have used laws and policies based on human rights in sub-Saharan Africa to address HIV / AIDS;
- Give an idea to strengthen the response to HIV / AIDS, for it is based on rights in their countries within the region.
- Understand the role each participant should play when back in their respective communities,
- The difference between Advocacy and Lobbying, and ways to carry on an effective advocacy and lobbying.
- Initiate a final declaration after the training
- and start up the Congolese Civil Society Network on Human Rights and Aids.

##### **1 .5.1.In terms of product**

These six days of training allowed PEPA-Organization to train people capable of defending human rights in North and South Kivu as the two most affected areas because of different wars experienced in the Republic of Democratic Republic of Congo.



36 participants from civil society in the North and South Kivu provinces have been strengthened in terms of community awareness against HIV / AIDS and prevention and fight against this scourge of human rights violations.

### 1.5.2. In terms of effect

During these six days of training, there was a large mobilization of all the participants involved in the process of fighting against HIV / AIDS and human rights violations. This was manifested through the



questions and answers of the participants but also works, as tasks for which participants were asked to discuss and present in groups.

### 1.5.3. In terms of impacts

We also noted the incentive from other organizations of civil society who have not been invited to the six days capacity building training on human rights and HIV / AIDS. These organizations have therefore expressed the wish to see PEPA-Organization and its partner ARASA, to extend this training across the country to see a large number of leaders of these organizations be strengthened in terms of human rights and HIV / AIDS.

## Chapter Two: CONSTRAINTS ENCOUNTERED AND SUGGESTIONS



### 2.1. Difficulties

During the completion of this training, we noted the difficulties linked to other harassment by agents of the Congolese State for example people from the Directorate General of Customs and Excise committed to the small border illegally requesting the training material to pay taxes. But also the so-called information services (ANR: National Intelligence Agency) who on their part, have disrupted the functioning of said formation and asking why there were not invited.

#### 2.2.1 Lesson Learned

After 6 days of both phases of training on capacity building of civil society leaders from North and South Kivu on human rights and HIV / AIDS, some lessons have been learned for as experience for the next activity. These are:

- The number of women was less than the male colleagues and their application has also proved unsatisfactory because of few female applications received.
- Participants revealed several violations committed either by State agents as civil and for which protective measures are taken by the proponents of power in DR Congo;
- Participants also revealed numerous discrimination of people living with HIV / AIDS from other people in the communities.
- It is also noteworthy that many people resist voluntary testing to know their health status as raised by many participants.



### 2.3. Suggestions

- Continue with trainings to strengthen the capacity of civil society leaders and organisations in the field of human rights and HIV / AIDS;
- Strengthen, suggest and lobby for respect of human rights and HIV/AIDS instruments at national, regional and international and the fight and prevention of HIV / AIDS;
- Increase awareness sessions in different communities under themes, in order to fight against violations of human rights and contamination of HIV / AIDS;
- Strengthen lobbying, advocacy and psychosocial care and medical, health care, legal assistance to victims of various violations of human rights and infected and / or affected by HIV / AIDS.

### CHAP. 3 CONCLUSION

This report was to present briefly the progress of activities of Two phases of training for capacity building of leaders of civil society in the North and South Kivu on human rights and HIV / AIDS. We should note that these two provinces were most affected by the various civil wars in the Democratic Republic of Congo where many violations of human rights and HIV / AIDS infections were reported.

both phases of training were proposed as the overall objective of strengthening the capacity of local organizations leaders of North and South Kivu in the field of human rights and HIV / AIDS so that they are able to take their responsibility and conduct lobbying, advocacy and protection for communities in which they work; strengthening civil society or not those living with HIV / AIDS on techniques measures for prevention of HIV / AIDS.

#### **The two phases were as hot spots:**

- The selection of participants from organizations who applied after the call for applications and submitted their application forms electronically was based on the leadership skills, experience in the domain of Human rights and HIV/AIDS but some female were considered by trying to promote gender in during the sessions;
- At the end of the two phases of training with representatives of partner organizations were requested for this purpose;
- Filling the evaluation of training for participants' record and suggestions for future sessions.

Thus, the methodological conduct of this during the training has enabled us to achieve the following results:

- The 36 participants from civil society in the North and South Kivu have been reinforced in community awareness against HIV / AIDS and prevention and fight against this scourge;

- The 36 participants were able to define the Human rights; to know where rights come, to know how human rights can be limited , the link between HIV and Human rights, and how to apply human rights by not separating the two topics but also ways to lobby and advocate.

Some difficulties have hindered the conduct of these activities and that some suggestions have been mentioned as possible solution.

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To end this report, we want to thank our partner **ARASA** for financial support that we were offered and allowed the effective implementation of this training and the results that we reached on. The contribution equipment PEPA-Organization and RACON / AIDS was also significant for the success of this activity. It will be ungrateful on our part if we finish

this report without thanking all those who, directly or indirectly, provided assistance in kind, for the success of this activity for the Community interest.



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Plaideurs des Enfants et des Personnes Agées à risque

Pleasers of Children and Elderly People at risk

PEPA-Organization.



Done at Goma- DRC , October,2014

Pour PEPA-Organization,

Apollinaire ZAGABE KAMANYULA

**Coordinator**



**DECLARATION OF PARTICIPANTS AT CAPACITY BUILDING AND ADVOCACY ON HIV / AIDS AND HUMAN RIGHTS IN SUB SAHARA AFRICA HELD IN THE CITY OF GOMA, DR.Congo from 21th to April 23th AND from 07<sup>th</sup> to 9<sup>th</sup> May 2014.**

We, the members of Civil Society Organizations for promotion, protection of human rights and the fight against HIV / AIDS in the DRC (North Kivu and South Kivu), meeting from April 21 to 23 and 7 to 9 May 2014 in the conference room of Bethanie Hotel located in Goma in Goma, the capital of the province of North Kivu in eastern DR Congo, on the initiative of **Pleasers of Children and Elderly at risk (PEPA / Organization)** with the financial support of **AIDS and Rights Alliance for Southern Africa (ARASA)** , after six days of training, we are able to:

- Understand the link between HIV / AIDS and Human Rights;
- Propose ways and means by which national laws and policies can contribute to effective response to stem HIV / AIDS in the DR.Congo and in the Region of sub-Saharan Africa.
- Declare the existence of the Civil Society Organizations' Network working on Human Rights and HIV/AIDS (Droit de l'Homme et VIH/SIDA- RDC)

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At the end of the training received and given the current context human Rights violations and HIV/AIDS of the region in general and the DRC in particular, participants identified a number of key issues related to human rights violations and have an impact on HIV / AIDS before proposing possible solutions that will be cast in the form of petitions, declarations, memoranda and other advocacy tools.

The problems identified are:

N°	Identification of problems	Causes	Consequencies	Possible Solutions
1	<b>Violence based on gender</b>	War	<ul style="list-style-type: none"> <li>- ISTVIH/SIDA</li> <li>- Pregnancies</li> </ul>	<ul style="list-style-type: none"> <li>- Strengthen the restoration of State authority throughout the national territory;</li> <li>Make-effective zero tolerance;</li> <li>-Encourage the implementation of the law on protection of PVV and documents of national and international strategies to fight against HIV / AIDS.</li> </ul>
2	<b>Discrimination and stigmatization</b> (No protection of people living with HIV/AIDS, albino and Victims of sexual violence)	impunity ignorance	<ul style="list-style-type: none"> <li>- traumatization</li> <li>- Low social cohesion</li> <li>- Increased degree of vulnerability to HIV / AIDS</li> </ul>	Raise awareness on human rights and the fight against HIV / AIDS
3	<b>Ignorance</b> (Lack of information and training, Bad governance, Inhumane prison conditions in prison settings)	- No Access to Information High rate of illiteracy	-Taux élevé du VIH/SIDA -Incapacité de revendiquer Rights	-Extension of national and international legal instruments Protecting the People living with HIV/AIDS, Victims of Sexual violence and minorities groups;

Apart from the proposal to set up a network to fight against HIV / AIDS and the promotion of human rights in the provinces of North and South - Kivu to make concrete efforts for the best interests of the people of DRC in particular and sub-Saharan Africa in general, participants undertake to return the acquired this training in their respective bases and share with other structures/organizations.

**Done at Goma, May 9<sup>th</sup>, 2014**

Signatories (see list in appendix)





Peace- Human rights- Dignity- Freedom

Plaideurs des Enfants et des Personnes Agées à risque  
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